

Pre and Post Treatment

Before Treatment

Avoid using medications (such as ibuprofen, Advil, Motrin, Alieve, etc.), St. John's wort, or high doses of vitamin E supplements or fish oils, 10 days prior to injection, unless otherwise instructed by prescribing physician. These agents may increase bruising and bleeding at the injection site.

Talk with your healthcare professional if you have previously suffered from facial cold sores. She may prescribe a medication to minimize recurrence.

After Treatment

Use a cold compresses to reduce swelling

Avoid touching the treated area for the first six hours following treatment, so you do not accidentally injure skin while the area is numb. After six hours the area can be gently washed with soap and water.

Avoid exposure to intense heat (sun lamp or sun bathing) until there is no redness or swelling

Reduce the risk of facial cold sore recurrence that could be caused by needle punctures. Talk with your healthcare professional about medications that may minimize an outbreak.

Avoid taking aspirin, nonsteroidal anti-inflammatory medications, St. John's wort, or high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at injection site.

After your treatment, you might have some swelling, redness, pain, bruising, and tenderness. This will normally last less than 7 days. Contact your healthcare professional if you experience side effects beyond 14 days. Ask about follow up appointments.